



Wear an Armed Forces t-shirt on 1st September, donate £5 to charity and support our veterans...

Armed Forces T-Shirt Day The Origin Story...

Rob Greaves is a man on a mission. After serving 25 years in the British Army in the Royal Armoured Corps and the Royal Army Physical Training Corps, he has since been active in the Royal British Legion, helping to provide financial, social and emotional support to members and veterans as RBL Longhope & District Branch Leader.

Rob feels passionately about doing what he can to support those veterans who need help adjusting to civilian life, many of whom are experiencing PTSD and other mental and physical health issues from their time in service.

In 2021 he set up **Armed Forces T-Shirt Day** as a non-profit social media organisation to help raise awareness for the Armed Forces within their communities, as well as to raise money for a chosen military charity.

Rob's aim is to grow this community on a local and national level using social media to spread the word and get even more people involved and aware of the issues he cares so passionately about.

More information can be found on our website...

www.armedforcestshirtday.org